

<b>Dressing Rooms and Rehearsals Action Plan</b>					
<b>Category</b>	<b>Sustainable Idea</b>	<b>Could this work for you?</b>	<b>Action Required</b>	<b>Owner?</b>	<b>Complete?</b>
Management	Make sure all staff and visitors are inducted in sustainability policies, including switching off lighting and heating, waste, food etc.				
	Make sure all staff and visitors are aware of sustainable options for travelling to dressing rooms and rehearsals.				
Lighting and Power	Lighting (including dressing room mirror lighting and rehearsal work lights) should be LED, with movement sensors or other controls to avoid lighting unoccupied spaces. Make sure plans are in place to upgrade lighting which doesn't meet this standard.				
	If you don't have automatic controls, post signs in dressing rooms/rehearsal spaces reminding cast members to turn off lighting and electronics when they are not in use. Encourage staff to unplug electronics, like hair dryers and fans, when they're not in use.				
Heating and Ventilation	Use natural ventilation where possible. Ensure mechanical heating / air-conditioning systems are set up efficiently to suit current users.				
	Set heating controls for reduced temperatures during low-occupancy periods.				
Coffee breaks and food	Source food from sustainable sources with minimal packaging.				
	Ensure clearly-labelled food streaming to minimise contamination.				
	Eliminate single-use items. Encourage staff and visitors to bring their own coffee and meals, in reusable containers.				
	Consider branded bottles and coffee mugs. If reusable cups, plates and cutlery are not an option, use single-use cup options that are recyclable and/or compostable.				
	Send food waste to food banks.				
	Replace aging fridges with low-energy alternatives. Consider a shared fridge, rather than separate fridges in each dressing room.				
	Water stations allowing refills for the cast and crew will minimise single use plastics.				
Waste	Follow the Waste Ideas Toolkit to ensure sustainable management of waste.				
Showers and washing	Sub meter the water supply to showers. Consider retrofitting low flow options for showers, WCs and taps.				
Costume, wardrobe, wigs, hair, make-up	See Theatre Green Book volume 1 : Sustainable Productions for guidance, including the toolkit at <a href="https://theatregreenbook.com/sustainableproductions-toolkit/">https://theatregreenbook.com/sustainableproductions-toolkit/</a>				
	Use sustainable cleaning products and laundry methods (see guidance above).				
Rehearsals	If possible, reduce printing by using tablets for technicians. It may be possible to use iPad scripts. In any case, print on request and avoiding reprinting multiple copies of scripts for minor changes. Design and other presentations can be digital.				